



Sonoma Charter School Health Policy

- **Keep your child up to date on his/her immunizations.**
[Parent's Guide to Immunizations Required for School Shots for School](#)

- **Notify the school if your child has any severe allergies.**
We will complete an Allergy Action Plan as needed.

- **If your child needs to take medication while he/she is at school (Including Over the Counter Medication) you must complete a Medication Consent Form that will remain on file in our main office.** This form must be completely filled out annually and signed by the child's health care provider and the parent/guardian before the child can be assisted with the administration of medication by school personnel, at the school site. It is the parent/guardian's responsibility to provide the school site with all necessary information and special instructions in writing related to the administration of medication to their child. The parent/guardian must immediately notify the school in writing of any changes in the child's regimen or authorizing health care provider. It is also the child's responsibility to follow the health care provider's recommendations and instructions related to taking the medication (i.e., the child is responsible for going to the office at the prescribed times). Medication must be in its original container and brought to school by the parent/guardian, or an adult designee. All controlled medication will be counted and recorded on a medication log when delivered to school. All medication must be picked up by a parent/guardian or adult designee at the end of the school year. NO medication will be given to a student to take home. Medication left in the school office at the end of the school year will be discarded.

- **Please do not send your child to school if he/she has any of the following symptoms:**
 1. A common cold - Students should stay at home while experiencing a productive cough and yellow or green nasal discharge.
 2. Fever (over 100 degrees, or some students have a lower temperature than normal) - Students may return to school after they have been fever-free for 24 hours without the use of fever-reducing medication.
 3. Eyes that are red, swollen, crusting, or draining

4. Untreated, draining ears or earache
5. Diarrhea
6. Nausea or vomiting (if the student has vomited the night before or in the morning, please do not send the student to school.)
7. Severe sore throat
8. Skin rashes of unknown origin or a contagious rash require clearance from a health care provider that the student may return to school.

If a student is experiencing any of these symptoms while he/she is at school the parent/guardian will be called to pick up the student.

- [CDC recommendations for preventing the flu](#)
- [Head Lice](#)
- Vision and Hearing Screenings:

Grade Level	Distance Vision	Near Vision	Color Vision Deficiency
TK / K	Required	Required	Not Required
Grade 1	Not Required	Not Required	Required
Grade 2	Required	Required	Required in subsequent years only if not screened in grade 1
Grade 5	Required	Required	See Above
Grade 8	Required	Required	See Above
Special Education	Required	Required	Required